

NOVEMBER.LUNCH.MENU.

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-StarSchod
Lunch
Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Egg & Cheese Sandwich Hash Brown Yogurt/Fruit	2 Cheese Pizza Garden Salad Fresh Fruit
5 Cheese Ravioli Garlic Bread Steamed Vegetables Fresh Fruit	6 Chicken Fajita Brown Rice Fresh Fruit	7 Grilled Cheese Tomato Soup Kettle Chips Fresh Fruit	8 Chicken Drumstick Rice Pilaf Corn Fresh Fruit	9 Pizza Bread Caesar Fresh Fruit
12 Pasta & Meatballs Dinner Roll Steamed Vegetables Fresh Fruit	11 Cheese Quesadilla Mexican Rice Steamed Vegetables Fresh Fruit	12 Chicken Caesar Wrap Kettle Chips Vegetable Sticks Fresh Fruit	13 Roasted Turkey Mashed Potato Steamed Veggies Fresh Fruit	14 Calzone Chopped Salad Fresh Fruit
19 Thanksgiving Break!	20 Thanksgiving Break!	21 Thanksgiving Break!	22 Thanksgiving Break!	23 Thanksgiving Break!
26 Mac & Cheese Garlic Bread Steamed Vegetables Fresh Fruit	27 Chicken Nachos Chopped Salad Fresh Fruit	28 Grilled Cheese Tomato Soup Kettle Chips Fresh Fruit	29 Meatball Sub Veggie Sticks Fresh Fruit	30 Pepperoni Pizza Garden Salad Fresh Fruit

Daily Options Available:

- * Bagel and Cream Cheese
- * Burger
- * Soy Butter and Jelly

