

JANUARY.LUNCH.MENU.



MIDDLEFORK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
7	8	9	10	11
Beef Ravioli Garlic Bread Steamed Veggies Fresh Fruit	Cheese Quesadilla Corn Mexican Rice Fresh Fruit	Grilled Cheese Tomato Soup Kettle Chips Fresh Fruit	BBQ Chicken Sandwich French Fries Slaw Fresh fruit	Cheese Pizza Garden Salad Fresh Fruit
14	15	16	17	18
Chicken Alfredo Steamed Veggies Fresh Fruit	Pork Tacos Brown Rice Steamed Veggies Fresh Fruit	Beef Fried Rice Veggie Egg Roll Fresh Fruit	French Toast Sausage Hash-Browns Fresh Fruit	Pizza Bagel Caesar Fresh Fruit
21	22	23	24	25
NO SCHOOL	Beef Walking Tacos Mexican Rice Fresh Fruit	Grilled Cheese Tomato Soup Kettle Chips Fresh Fruit	Baked Chicken Tenders Mashed Potato Steamed Broccoli Fresh Fruit	Cheese Pizza Garden Salad Fresh Fruit
28	29	30	31	
Spaghetti & Meatballs Dinner Rolls Steamed Veggies Fresh Fruit	Chicken Enchiladas Brown Rice Steamed Veggies Fresh Fruit	Gyros Greek Salad Fresh Fruit	Turkey Sub Veggie Sticks Tots Fresh Fruit	

Daily Options Available:

- * Bagel and Cream Cheese
- * Burger
- * Soy Butter and Jelly

